

## **Idaho Department of Correction**

### **Pre-Treatment Guidelines**

**Pre-Treatment Defined: 4 hours a week of either group or individual treatment and RSS including case management, recovery coaching, transportation and substance testing.**

#### **1. Treatment Goals:**

- a. Assess willingness and readiness for change
- b. Explore and address problems or risk factors related to substance use
- c. Recognize the harmful consequences of ongoing use
- d. Gather collateral information (drug/alcohol testing) for GAIN/level of care (LOC) assessment
- e. Immediate SUD tx prior to the GAIN assessment,
- f. Appropriate treatment strategies matched to the stage of change.

#### **2. Length of Pre-Treatment Episode:**

- a. Expectation of maximum 60 days, extensions may be approved if determined clinically appropriate by BPA Health, up to 120 days.
- b. Thorough assessment of all 6 dimensions
- c. Identify barriers that could be corrected if the client had RSS services such as SSH (not available in pre-tx)
- d. Attendance/engagement = attending 50% or greater of appointments offered, not including the GAIN assessment
- e. Partner with the PO for the use of discretionary jail time (DJT) or detox services as an intervention (external motivation)
- f. The attendance and engagement guidelines of pre-treatment do not apply if a client meets ASAM criteria for level 3.5 Adult Residential Treatment. A request for 3.5 Adult Residential Treatment can be submitted before client attends pre-treatment.

#### **3. Transfer to higher level of care by submitting an Authorization Change Request (ACR) in WITS:**

- a. Dimensions 1,2 and 3 are stable, referred to appropriate services or won't interfere,
- b. Dimensions 4,5 and 6 indicate appropriate LOC to OP ,IOP, or 3.5 Adult Residential, or
- c. Request another pre-treatment episode i.e. making progress but no need for higher LOC or is not ready to commit to a higher LOC

#### **4. Discharge from pre-treatment:**

- a. Unwilling to participate, less than 50% attendance not including the GAIN
- b. Lack of RSS is not the reason for lack of attendance
- c. Partner with PO for alternatives to treatment in the community
- d. Has completed early intervention and does not meet criteria for a higher LOC

Revised March 2016

As noted in the new service matrix effective July 1, 2012 (updated 1/21/16), pre-treatment services include service and authorization limits. Drug testing, case management, recovery coaching transportation, and transportation flat fee are the only RSS that will be authorized during pre-treatment.

Revised March 2016

PC-28-03/02/2016