

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

January 11, 2024-- 1:30 PM

website: www.riibhb.idahopublichealth.com

Zoom Conference Link <https://us02web.zoom.us/j/82435514641?pwd=ZTVsTjVyVVdsNVVM2VWlQaldKdHI4UT09>

1. Roll Call, Welcome, and Introductions

	Don Beck	x	Theresa Graber-Gimmeson		Tammy Lish-Watson		Jenny Teigen
	Sara Bennett	x	Shaun Hogan	x	Pam Lopardo	x	Laura Treat
	Megan Comstock	x	Sharlene Johnson	x	Lisa Martin		Ex-Officio
x	Beverly Fowler		Beverly Kloefer	x	Shawn McDowell	x	<i>Theresa Shackelford</i>
	Vince Frazier	x	Shari Kuther	x	Michelle Mendenhall		<i>April Christenson</i>
	Amber Hoodman	x	Tom Lamar		Summer Overberg		<i>Rep. Lori McCann</i>
x	Chris Goetz	x	Kally McFee	x	Jim Rehder		<i>Astahna Adkins Holt</i>

Others: Caitlin Rusche, Tammy Everson, Matt Hardin, Seth Ingram, Beth Markley, Michelle King, Dodd Snodgrass, Sean Waldron, John Hart, Ryan Soukup, Amanda Holcomb, Karen Kopf, Kaylie Bednarczyk, Mary Wright, Stephanie Biedman.

3. Approval of December BHB Minutes (**Action Item**): Motion to approved December minutes made by Shaun Hogan , seconded by Tom Lamar. Motion passed

4. Financial report—Carol/Perri: Jim sent the financial report to the board. What has been spent was included in the report. Currently have \$8, 005 remaining of the \$14,445 annual budget.

5. Id BH Health Plan Magellan contract update—Seth Ingram and Matt Hardin, Magellan: Matt Hardin is the crisis system director for Magellan Idaho which includes the crisis centers, mobile response and crisis hotline. Seth Ingram is the Chief Operating operator for the IBHP and John from Clinical and Quality team with Health and Welfare. Matt provided a brief overview and explained the plan to include the boards in information as we get closer to the start of the Managed Care program in July 2024. Provider information about joining the network included on the website. Information on training links are also on the website for providers. There is also information online for Medicaid participants. Matt also provided the following links:

<https://healthandwelfare.idaho.gov/news/idaho-behavioral-health-plan-contract-awarded-magellan-healthcare-inc>

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<https://healthandwelfare.idaho.gov/news/idaho-behavioral-health-plan-implementation-update>

<https://www.magellanhealthcare.com/magellan-of-idaho-2-2/>

Regional Mental Health Trainings Proposal—Beth Markley, NAMI—(**Action Item**)-- NAMI produces evidence based training courses and trains those with lived experience to provide trainings. They are approaching each behavioral health board to offer 1-2 of the trainings/classes along with training and promotion. The trainings are virtual and there are various levels of support provided. Each training/class has 12-16 slots available and it would start with local participants and then open it up statewide if still

openings. Region 1 BHB is supporting a family support group training, in North Central region there is demand for connection peer recovery support group facilitator training to support diversion courts and the prison outreach. The funding would go towards stipend to trainers, for training materials for participants, staff time, which is \$3000 per training. NAMI is requesting for a contribution of \$3,000 for one training and it can be shared between different boards.

6. Point in time homeless count—Michelle King: Michelle presented a PPT. January 25 is when data will begin being collected. The night they are asking is January 24th and Washington will be asking about January 25th. It does not count people who are doubled up or couch surfing. The point in time information is important as it gives the most accurate information to the federal government. This year there will be a website and information can be collected digitally. This allows additional information to be collected and the data to be received sooner. Every region 2 participant gets a Winco gift card and rural folks can get a local grocery store gift card. NezPerce Tribal housing has 14 people also collecting data. Volunteers are needed so please contact Michelle King. Lewiston will be at the Library and the community center, food banks throughout all 5 counties.

Lisa asked about individuals living in motels and how they are tracked in the data. Pam asked about collecting data on individuals from the hospital. Michelle reported we need better data collection as it has caused difficulties in securing funding. Shari asked about rural data collection. Sharlene Johnson asked about adult data collection, and Michelle reported that collecting child numbers is very important. Jim offered to send out any information that is provided to him.

7. Get Healthy Initiative grant—Dodd Snodgrass, CEDA: Dodd Snodgrass discussed what CEDA offers. Get Healthy initiative addresses population health strategies and improved health equity. They are working on diabetes, obesity, behavioral health and unintentional injury. Working to develop a community action plan by the summer to come up with an implementation plan. CEDA works closely with public health. They are working with various different community organizations. They are asking for someone from the board to attend their meetings, specifically someone in the upriver area. Shari Kuther is attending and agreed to provide information.
8. Legislative update—Tom/Chris/Jim/Laura: Jim brought up the information that the Public Health board is no longer going to continue as a fiscal agent. Shaun Waldron and Carol met with Jim yesterday to review the transition plan. Shaun's office will be the interim administration/fiscal agent while they get the RFP developed and sent out. Public health keeps all our documents, maintains the website, develops the agenda and minutes. Jim is looking for someone from the board to collaborate this transition. Sean Waldron reported the RFP process is very lengthy and the contracts unit says no less than 6 months, so Health and Welfare will be offering support until this is developed. They will be working with public health and assisting each board with the personnel to manage in the interim. The process which the board will have access to their \$50,000 is being developed. If Jim is going to step down they will assist the board. Jim reports he will continue to be chair for a brief time if someone else will take over this transition. Jim asked about accessing the remaining budget and he reports that we spend it ASAP as it will not be transition to Health and Welfare. Tom Lamar reported he can assist with finding out about the funding. Tom Lamar believes it makes sense that Health and Welfare take over as the fiscal agent and continue to administer these funds. Teresa Shackelford reported the boards used to be run by Behavioral Health and that was for independence and checks and balances, she believes this was a request that came from the boards. The board discussed different options for the fiscal agent.

Tom Lamar discussed legislative struggles with getting any legislation passed that would raise taxes. He discussed the difficulty this causes with trying to get a vape tax. He discussed how this negatively impacts our youth. Expanded Medicaid continues to offer access.

Jim discussed that the governor has requested a secure mental health facility and youth crisis centers. Tom has not heard about the list of requests and see if there is any movement.

9. Recovery Community Center Latah/Nez Perce Counties—Astahna/Shawn: Shawn Hogan reported they just purchased some newspaper boxes that will allow placement of Narcan in the community and one at the UI campus. Oxford House should be ready for occupation in June. They are seeking table captains for their annual fundraiser. There is an anonymous donor that has agreed to match dollars up to \$80,000 towards a female sober house.

Lisa reported that 255 in Nez Perce county, 25 needing resources, 2 community service, 23 volunteering, game night 53 people, volunteering training 1 person. Lots of outreach distributing toiletry items. There is a full board in place with the Nez Perce County Recovery Center and Lisa Martin is the new chairman. Stephanie Biedman reported she is very thankful that it was up and going. IDOC reports a community resource program every Thursday 2-4 pm will be located at their building. Open Monday- Friday 8-4, there are recovery meeting and Friday night game night.

10. BHB Subcommittee Members, Reports and Board Discussion:

--CMH: no person present at the meeting

--ABH: Pam reported no meeting until January 22nd.

--Housing: Lisa reported they met on the 14th. UGM provided an update and they have \$327,000 remaining to raise. There is a groundbreaking ceremony on the 19th. Michelle spoke about the point in time to the subcommittee. Jolene discussed ongoing difficulties with a warming shelter. Lapwai does have a warming shelter established. Cynthia discussed what is going on in the school system, still about 100 homeless families. Lewiston transit is providing 7 stops in North Lewiston.

--Prevention: Sharlene reports their first meeting will be in February as they are meeting quarterly, first meeting February 6th. The new subcommittee will be Prevention and Recovery. Amber Hoodman is going to be the co-chair. The recovery center will be moving into their location February 1st with a grand opening in March. Sharlene reports that Kamiah will be included in the update on Recovery Centers.

Jim gave a report from Beverly Kloepfer that there is a new Psychiatric Nurse Practitioner at Ohm business available full time.

11. Public Input:

12. Next BHB Meeting – February 8, 2024

13. Meeting Adjourn: