

# REGION II

## *Behavioral Health Board*

### MONTHLY MEETING AGENDA

**November 9, 2023-- 1:30 PM**

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

**Zoom Conference Link** <https://us02web.zoom.us/j/87477103846?pwd=TTVZR0JneU1qdmRZVVh1S3NuMERJOT09>

1. Roll Call, Welcome, and Introductions

x	Don Beck	x	Theresa Graber-Gimmeson	x	Tammy Lish-Watson	x	Jenny Teigen
x	Sara Bennett		Shaun Hogan	x	Pam Lopardo	x	Laura Treat
	Megan Comstock	x	Sharlene Johnson	x	Lisa Martin		
x	Beverly Fowler	x	Beverly Kloepfer		Shawn McDowell		Ex-Officio
	Vince Frazier	x	Shari Kuther		Michelle Mendenhall	x	Theresa Shackelford
x	Chris Goetz	x	Tom Lamar		Summer Overberg		April Christenson
		x	Kally McFee	x	Jim Rehder		Rep. Lori McCann

Others: Steve Button, Tammy Everson, Julie Haringa, Anna Valesquez, Amanda Holcomb, Karen Kopf, Cindy O'brien, Sean Waldron, Stephanie Biedman, Cheryl Foster, Kalie Bednarczyk, Mackenzie Garrison, Nicole Coleman, Elaine Dufford, Joyce Lyons, Caitlin Rusche

2. Approval of October BHB Minutes (**Action Item**): Motion to pass by Pam Lopardo, seconded by Teresa Graber – Gimmeson. No discussion. Motion passed.
3. Financial report—Carol/Perri: Activity fund balance \$8004.
4. BHB Parent of a Child with SUD appointment affirmation—Board (**Action Item**): Appointing authority met and appointed Kally McFee. Shari Kuther made motion to affirm, seconded by Lisa Martin. No discussion. Motion passed. Kally McFee introduced herself to the board.
5. Reg 2 Suicide Prevention update—Steve Button: Steve Button is currently involved in Suicide Prevention of the Inland Northwest (SPIN). SPIN has been around since 2019, part of SPAN since 2003. They have been busy this past fall: rebranding with the 988 hotline number, September was suicide prevention month: had a booth at the fair and dispersed resources, share the sunset awareness event at Sunset Park, Fresh check day at LCSC hosted by the Counseling center, attended the Lewiston HS Health Fair and wellness fair with Regence. They have been partnering with Clearwater Valley Health for various screenings of My Ascencion video, along with a panel discussion following. They also work in various counties in WA and one in OR. In October, they were able to hire a staff member for 30 hours a week, Holly Graystone. Upcoming conference, Taking Action, Saving Lives, that includes CEU's on December 11<sup>th</sup>. Upcoming fundraiser and they are currently seeking sponsorships.
6. Region two 988 Crisis hotline update—Nicole Coleman: Nicole reported that overall 988 has been very effective and is being utilized. At the time it was launched there was a phone tree, 1 was for veterans,

2 was for veterans and now they have added 3 for LGBTQIA individuals (targeted towards adolescents). WA phone numbers are offered a hotline specific for Native American Tribes. There are some plans to expand that nationwide, but it is run by indigenous individuals and they are working to build their capacity. The options have been shown to be very effective. Information was just released yesterday about nationwide calls and messages. <https://suicidepreventionmessaging.org/988messaging/research>

September 2023 there were 145 contacts in Region 2, mostly phone calls. There were some chats and text messages. 64 safety plans were made. There are some billboards in the region. Questions about “GEO fencing” and the HUB is working on this, as they completed a study within a regional study to ensure they could use this effectively. This would ensure that phone calls are being answered by the correct state. Specific locations are not going to be determined.

7. Region 2 Rural Crisis Center Network update—Joyce Lyons: Joyce reported she was able to tour the 988 call facility and they do collaborate and transfer calls as needed. Joyce lost connection on zoom so Jim will plan to schedule Joyce for a future Board meeting get more details on Rural Crisis Center Network.
8. BH State Planning Council meeting report—Jenny Teigen, SPC chair: Jenny reported they met last month and reviewed what the Governor’s report will look like this year. They are consolidating information and trying to consolidate to accurately identify needs and gaps. They discussed the IBHP and Magellan’s award of the contract. There should be more information and data collection. Funding should be opened up and opportunities appear to be growing. They are meeting again in November to review all the regional needs and gaps. They will be identifying the top 3 priorities statewide and attach this to the full report.
9. ACT team process update—Laura Treat: Laura brought Mackenzie Garrison to the meeting as he is in charge of Assertive Community Treatment (ACT) for the region. Mackenzie reported there is currently no ACT team in the region, they are providing some aspects to a caseload of 5-10 clients currently. They are no longer providing medication management, as there is no provider. They are no longer taking new ACT clients. Currently the Center of Excellence is assisting Magellan to identify teams to take on the ACT work that has been transitioned away from the Department. They are going to be providing training, coaching, monitoring and reviews. The goal is to have one ACT team identified per region when Magellan begins. They are partnering with the Spirit Lab with the University of Washington to get the work started. Lisa asked about how community members can access care and Laura Treat referred back to the crisis center and 988.
10. 2024 BHB Legislative priorities discussion—Tom/Chris/Jim: 1) Establish Youth crisis centers in the each region, 2) Continue with Medicaid expansion, 3) reinstate Naloxone distribution legislation, 4) Support for housing and homeless shelters, 5) Continue to promote consistent and sustainable funding for Recovery Centers, 6) Continue to seek Masters of Social Work for area colleges/universities to help with workforce shortages, 7) Promote loan forgiveness programs for BH positions, MSW’s, Nurse Practitioners and Clinicians., 8) promote school curriculum for Substance Use Prevention and Mental Illness awareness, 9) Recommend regional Idaho Association of Counties organizations help with county commissioner appointment process.

Chris Goetz discussed how the legislation was changed for Naloxone. There is a discussion happening about how this was changed and how it can get fixed.

11. Recovery Community Center Latah/Nez Perce Counties—Astahna/Shawn: Shawn Hogan reported they finished the Soup’s on fundraiser. The Oxford house is under construction and they will continue through the winter. Asthana was able to tour the Latah center along with Amber from Kamiah. They have this coming Thursday a 3-6 a potluck style meal for Thanksgiving. They will also be doing this before Christmas. They are trying to find space heaters today for those in need.

--Sharlene was able to obtain funding for a recovery center in Kamiah. They are looking for a location and donations from the community. They are hoping to have the doors open by the beginning of the year.

--Lisa Martin reported for Nez Perce County they are finalizing board member applications. Astahna has been going to various trainings. They have a family game night on Friday night and there are recovery meetings happening at the center.

--Jim reported the Office of Drug Policy (ODP) and Recovery Idaho (RI) are asking each Regional BHB to find a Recovery Recruiter/Champion who will work within a subcommittee to bring improvement suggestions to each BHB, ODP and RI to help improve support and funding for Recovery Centers throughout the state.

12. BHB Subcommittee Members, Reports and Board Discussion

--CMH: No update

--ABH: Pam reports there is no update. The next meeting has been scheduled for the 20<sup>th</sup> of November.

--Housing: Lisa reports there is no update. Next meeting November 14<sup>th</sup>, 9AM. Bill’s Heating will be giving out free space heaters from 3-6 pm today.

--Prevention: No meeting, transitioning to quarterly meetings. Jim asked Sharlene if the Prevention subcommittee could add Recovery into Prevention to make one subcommittee. Sharlene said she would think about it and respond.

13. Public Input: Karen Kopf from Optum Idaho reported they did their annual giving through the Community closet program. They gave \$5000 in resources to those schools. Genesee and Orofino were identified within our region. Community Closet programs are offered through United Way.

OHM Behavioral Health operated by Beverly Kloepfer has recently hired a psychiatric nurse practitioner and she is open and available for appointments.

14. Next BHB Meeting – December 14, 2023, meeting will be **in person** at the 3<sup>rd</sup> floor conference room of Health and Welfare with regional legislators.

15. Meeting Adjourn