Region II

Behavioral Health Board

MONTHLY MEETING MINUTES

**November 14, 2024-- 1:30 PM**

**Lewiston Health Welfare Building 2rd Floor Conference Room**

website: <https://idahoregion2bhb.idaho.gov>

**Webx Conference Link**: <https://idhw.webex.com/idhw/j.php?MTID=m37fd2ddd33ba0f1890ad2f28f476cf40>

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| Meeting number (access code): 2819-612-9201, |
| Meeting password: ZCyPpvME498 (92977863 from phones and video systems) |

Guests:

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **x** | **Don Beck** | **x** | **Theresa Graber-Gimmeson** |  | **Tammy Lish-Watson** | **X** | **Jenny Teigen** |
|  | **Sara Bennett** |  | **Shaun Hogan** | **x** | **Pam Lopardo** |  | **Shannon Jones** |
| **x** | **Megan Comstock** | **x** | **Sharlene Johnson** | **x** | **Lisa Martin** |  | Ex-Officio |
| **x** | **Beverly Fowler** |  | **Beverly Kloepfer** |  | **Shawn McDowell** | **x** | *Astahna Adkins Holt* |
|  | **Vince Frazier** | **x** | **Shari Kuther** | **x** | **Michelle Mendenhall** |  | *April Christenson* |
| **x** | **Amber Hoodman** |  | **Tom Lamar** |  | **Summer Overberg** |  | Gus Hoene |
|  | **Chris Goetz** | **x** | **Kally McFee** | **x** | **Jim Rehder** |  | *Rep. Lori McCannx* |

Guests: Alexis Luper, Cheryl Foster, Kaci Ralston, Frances Hasenoehrl, Holly Greystone, Joyce Lyons, Kaylie Bednarczyk, Mark Hand, Michelle King, Tamm Everson, Sean Waldron, Christina Gaines.

1. **Roll Call, Welcome, and Introductions**— A quorum was met, Astahna stood in as 12th member.
2. **Approval of August BHB Minutes (Action Item)** Motion to approve: Shari Kuther, Seconded: Kally McFee

No discussion, Motion carried.

1. **Financial report—Sean/Christina** –. Board has spent $7,800.00, leaving $7,177 remaining for the fiscal year. Next activity fund application period is February 2025. Sean said there is a way the Board can complete funding for Board activities anytime needed. No further discussion.
2. **Update on approved funding activities for payments—Sean** – Sean reported all 3 approved BHB funding activities were approved by H&W and sent for invoice processing today. Payment should be received within a week. Next open application month is February
3. **Affirmation of BHB membership renewals—Board (Action Item)** Motion to approve. Commissioners Tom Lamar and Vince Frazier, School District Rep Michelle Mendenhall, Id H&W Rep Pam Lopardo, Private Provider of MH Sara Bennett. Motion to approve--Amber Hoodman , Seconded: Sharlene Johnson, motion carried. Chris Goetz is going to retire from the Board and his replacement is being worked on. Jason Stooks is the new elected Latah County commissioner, replacing Don Beck who is retiring January 13th.
4. **Sen Risch regional agents introduction—Kaci Ralston/Frances Hasenoehrl** – Kaci Ralstin Senator Risch’s regional director out of Lewiston – Kaci gave an overview of her duties for Idaho. Her duties include outreach to Reg2 as well as gather information, attends meetings. Frances wears a few hats. If constituents are having issues with Feds she speaks on behalf of the constituents. Takes concerns to the senator daily. Does the nomination for students applying for Military Academy, possible 500,000. Scholarships. Michelle King adding that Kaci and Frances can do letters of support for grants applications.
5. **Reg 2 Suicide Prevention update—Holly Greystone/Fayth Dickenson** – Holly program manager for SPIN (Suicide Prevention of Inland Northwest) reports we are still seeing Idaho suicide rate is double the national average, ages 10-14, 25-34 are the most affected. They train people to recognize the signs of suicide to allow for prevention, QPR (Question, Persuade, Refer). They are currently working closely with the local school districts. Doing annual conference in the fall every year. Professionals are there to teach medical professionals and mental health professionals about prevention. Continuing education credits training Nov 15th at 7:30, class is 4 hours long. Art as therapy – 3hrs long that afternoon. Statistics are last year’s numbers, but they are going forth hoping that their work is making a difference.
6. **Region 2 Rural Crisis Center Network update—Joyce Lyons.** Magellan called her at 6:30 am on July 1st. Systems stating their system has changed; RCCN is working alongside Magellan to meet all the standards for Crisis. Processes and policies are under review and changing. A report will be produced regarding their model. They are researching the Youth Crisis Center (YCC) and Joyce is working with Nate Conklin of Fletcher Group to establish a Reg 2 YCC. They are looking for opportunities for grants and the plan is in its infancy. The are currently funded through the first year, Magellan is gathering data and changes will occur next year. Call 988 to access crisis response. There are mini crisis centers located in Moscow at Latah Recovery Center, Lewiston at Riverside Recovery, and Orofino at A to Z Counseling.
7. **Youth Crisis Center Committee update—Megan/Michelle** – Megan met with Nate Conklin of Fletcher Group and still trying to find time to get local connections arranged. Want to repurpose the same plan from Joyce for Crisis Center but for youth. Megan and Michelle are working together to move the YCC forward for our region 2.
8. **State Planning Council meeting report—Jenny Teigen.** SPC chair, Jenny reported Crisis needs to call 988, they are able to handle youth crisis. SPC met in October and went over subgrantee contracts and community impact. This went into the report that will be sent to the Governor. Jenny is asking for hard copies to give to the region. The report is a summary of regional updates and Reg BHB report to see what services are needed and what services are being provided. Jenny said she is stepping down from SPC chair and council.
9. **2024 BHB Legislative priorities discussion—Tom/Chris/Jim.** Jim read the list of BHB legislative issues for preparation for the in-person Legislative BHB meeting Dec. 12th, 3rd floor conference room. Please let Jim know if you have any issues that you want brought up to the legislators in that meeting.
10. **Recovery Community Center Latah/Nez Perce/Lewis Counties—Shaun/Astahna/Amber** – Astahna of First Step 4 Life RC reported they served 346 people in Oct. Amber of Kamiah RC reported they served 232 people in Oct and will have free thanksgiving meal and bingo.
11. **BHB Subcommittee Members, Reports and Board Discussion**.

--**CMH** – no report.

--**ABH**- Pam – nothing new to report, will continue to try to get a meeting going.

--**Housing** – Michelle giving update for Lisa – UGM is working towards opening rescue center in 2025. Youth Resource Project has been appealed and City Council will meet on it, November 25th. If appeal is dismissed the project will move forward. There are 30 school homeless youth in Lewiston.

--**Prevention/Recovery** – Sharlene met November 5th, they are working on a Strategic Prevention Plan.

1. **Public Input** – Jenny, Kally McFee, Cheryl foster,
2. **Next BHB Meeting – December 12, 2024**—In Person meeting with regional Legislators
3. **Meeting Adjourn** – 2:23pm