

REGION II
Behavioral Health Board

MONTHLY MEETING AGENDA

October 10, 2024-- 1:30 PM

Lewiston Health & Welfare Building 2nd Floor Conference Room for those choosing in-person attendance

website: <https://idahoregion2bhb.idaho.gov>

Webex Conference Link:

<https://idhw.webex.com/idhw/j.php?MTID=m64a999c3bfc4d6bd6c2b7b8f49709d4a>

1. Roll Call, Welcome, and Introductions

x	Don Beck	x	Theresa Graber-Gimmeson		Tammy Lish-Watson		Jenny Teigen
x	Sara Bennett		Shaun Hogan	x	Pam Lopardo	x	Shannon Jones
x	Megan Comstock	x	Sharlene Johnson	x	Lisa Martin		Ex-Officio
x	Beverly Fowler		Beverly Kloefer		Shawn McDowell	x	<i>Astahna Adkins Holt</i>
	Vince Frazier		Shari Kuther	x	Michelle Mendenhall		<i>April Christenson</i>
x	Amber Hoodman	x	Tom Lamar		Summer Overberg		Gus Hoene
x	Chris Goetz	x	Kally McFee	x	Jim Rehder		<i>Rep. Lori McCann</i>

Guests: Christina Gaines, Sally Bryan, Amanda Holcomb, Sean Waldron, Alexis Luper, Amanda Davison, Wendy Norbom, Brianne Hoffman, Nate Conklin, Heidi Burford-Bell, Kaylie Bednarczyk

Welcome, this is World Mental Health Day.

2. **Approval of September BHB Minutes (Action Item):** Motion to approve by Tom Lamar, seconded by Megan Comstock. No discussion. Motion passed.
3. **Financial report**—Sean/Christina/Sally: Sean reported there have been a couple applications for funding. Sean and Jim have been discussing the process. The executive committee will meet and complete the Health and Welfare BHB application and send to Sean for approval to give funds to approved applicants. District Court fund request-- \$1737.96, NAMI fund request-- \$3000, Kamiah recovery center fund request-- \$3084.83. Total to approve 7822.79 Remaining funds for fiscal year 2025 is \$7177.21
4. **Medicaid Managed Care contract services update**—Alexis Luper from Department of Health and Welfare oversees the implementation of Magellan plan. She reports there is a lot of work being done since the Magellan contract went live July 1st. Update on work with Youth and adults getting connected to Care Coordination along with youth connecting with WrapAround. Magellan has been doing work on implementing ACT teams in each region. They are also visiting the HART homes with the hope of increasing the number of homes throughout the state. They are working to build on work with PRTF facilities and out of state facilities for youth placement. Alexis provided a description of what the Managed care plan with Magellan who manages Medicaid eligible clients.
5. **Fletcher Group help**—Nate Conklin represents Fletcher Group which is a HRSA center and offer help and support to rural areas: Recovery support services, Re-entry, Sober Housing, and Medicaid support. Jim discussed the need for their help and support for Region 2 Youth crisis center and the hope for support and assistance in this project. Megan Comstock and Michelle King are heading the project to get a Region 2 youth crisis center. Nate recommended setting up a meeting with the committee and finding resources that are available.

6. **Charlie Health, Behavioral Health Resource**—Amanda Davison is with Charlie Health, a virtual IOP treatment program. They get referrals from discharges from the hospital and they are able to get them into service within 24 hours of discharge. They have 750 clinicians on staff and they try to find very specific groups to address their needs. Amanda reviewed the different treatment options that are available. They offer family support groups and free resources. They offer to provide supports and services while someone waits to get off a waitlist. Currently serve age 11-50 years old.
7. **St. Joe's Hospital BH services update**—Brienne Hoffman reports they have been working on getting suicide prevention yard signs into the community. They have had a lot of Magellan growing pains and are sorting them out currently. They will be locum providers soon and the Psychiatrists will soon be employees of the hospital. They still have 20 beds and the census has been at 8-10 people. They can take 10-12 at this time. They have been accepting patients out of the medical offices and if the provider calls them from the office they can be directly admitted to the BH unit.
8. **Draft of 2024 BHB Legislative priorities**—Tom/Chris/Jim: Tom reported he is having an Idaho Association of Counties legislative priority meeting tomorrow with the plan to identify the top 5 priorities with the Idaho Counties Legislative Committee. Jim made the following 2025 BHB Legislative priority recommendations for the upcoming legislative session:
 - 1) Establish Youth Crisis Centers in each Region,
 - 2) Legislative support for affordable housing and homeless shelters,
 - 3) Consistent and helpful funding for State Recovery Centers,
 - 4) Legislative and State Board of Education action/approval to expand Masters of Social Work (MSW) program at LCSC and U of I to help address Behavioral Health Work Force Shortage,
 - 5) Loan forgiveness options for critical Behavioral Health positions including MSW, Nurse Practitioners, and Clinicians,
 - 6) Action to promote school curriculum for Substance Use prevention and Mental Illness awareness,
 - 7) Promotion to increase Foster Families in Idaho and support for adoptions out of Foster Care.Megan requested the addition of support for foster families and building the resources to help them with the high level of needs for these families.
9. **Reminder of Board member expiring terms and application deadline Oct 27**—Board. Reviewed board members whose terms are expiring. All board members with an expiring term who want to re-apply need to submit the applications to Jim. The appointing authority will meet at the end of the month.
10. **Recovery Community Center Latah/Nez Perce/Lewis Counties**—Shaun/Astahna/Amber: Astahna reports Nez Perce County had 269 people through the door, parenting classes, community connect, Halloween party October 19th. Sharlene reports in Kamiah 272 people were served. They are holding Strengthening families classes and trainings. Jim recommended we work to have the legislature financially support the new Kamiah Recovery Center, Sharlene reports there are no clear answers about ongoing funding at this time. The Board will support state funding for Kamiah RC.
11. **BHB Subcommittee Members, Reports and Board Discussion**
 - CMH: No update
 - ABH: Pam reported there is no update this month. No meeting this past month.
 - Housing: No update
 - Prevention/Recovery: Sharlene reports there have not been many committee members attending committee meetings, the August webinar was cancelled, did offer one in September on SUD in the family. They will have a webinar on domestic violence in October. Inconsistent attendance at the meetings and Jim encouraged members to attend committee meetings. Next few meetings will be regarding capacity with the expectation of participation and engagement.

12. Public Input

Michelle Mendenhall – Lewiston School District will have it's 3rd annual "Tough Talk" conversations will be Wednesday October 30th 6-8pm at the LHS auditorium. Kally reported last year was productive but had limited engagement. Kally will have a table Every brain matters for marijuana awareness and Society of Collective Hope for youth to connect with one another.

13. **Next BHB Meeting** – November 14, 2024; Jim reminded the Board of the Dec 12 in-person BHB meeting with regional legislators following Public Health Board meeting with Legislators.

14. Meeting Adjourn