

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

September 12, 2024-- 1:30 PM

Lewiston Health Welfare Building 2nd Floor Conference Room

website: <https://idahoregion2bhb.idaho.gov>

Webx Conference Link: <https://idhw.webex.com/idhw/j.php?MTID=m1312b85b3527d44f57b2c490c2398dfb>

Meeting number (access code): 2827 214 9341

Meeting password: NJw9AUC94aB (65992829 from phones and video systems)

	Don Beck	x	Theresa Graber-Gimmeson		Tammy Lish-Watson	x	Jenny Teigen
	Sara Bennett	x	Shaun Hogan		Pam Lopardo		Shannon Jones
x	Megan Comstock	x	Sharlene Johnson		Lisa Martin		Ex-Officio
	Beverly Fowler	x	Beverly Kloefer		Shawn McDowell	x	<i>Astahna Adkins Holt</i>
	Vince Frazier	x	Shari Kuther	x	Michelle Mendenhall		<i>April Christenson</i>
	Amber Hoodman	x	Tom Lamar		Summer Overberg		Gus Hoene
x	Chris Goetz	x	Kally McFee	x	Jim Rehder		<i>Rep. Lori McCannx</i>

Guests: Christina Gaines, Sally Bryan, Sean Waldron, Holly Greystone, Norman Embry, Amanda Holcomb, Kaylie Bednarczyk, Alexis Luper, Cassie Heimgartner, Kayla Sprenger, Tammy Everson, Brianne Hoffman, Michelle King

1. Roll Call, Welcome, and Introductions—Introduce Christina Gaines—BHB Admin agent
2. **Jim asked for Motion to amend the agenda as several issues were added since the agenda was posted** and to move all Action items to the top of the agenda: Chris moved to approve, Megan seconded, no discussion on the motion, motion passed.
3. **Approval of August BHB Minutes (Action Item)**, Shaun made motion to pass, second by Shari, no discussion, Motioned passed
4. **Two Activity Funding request months to receive, consider and approve applications. (Action Item)** This fiscal year's months will be October 2024 and February 2025 Shari motioned to approve, Jenny seconded, no further discussion on the motion, motion passed.
5. **Needs and Gaps document finalized**—Sara/Board (Action Item) Sara was unable to attend the meeting. Sean mentioned the needs and gaps document is due September 30th, 2024. The Executive committee will approve submittal of needs and gaps document for due date.
6. **Financial report**—Sean/Christina/Sally—update on BHB use of activity funds – Application for funding updated to accommodate the new process. W-9 form is provided in case vendor is not already a vendor for the state. Updated forms will be added to the website. Budget for BHB this fiscal year is \$15,000.
7. **Public Health Executive Director Kayla Sprenger Introduction**—Kayla has been with the Health District for 13 years. She took over Carol's position in June. She is open and available to answer any questions regarding Public Health. It was identified that the BHB separated from the Public Health District on January 31, 2024. Kayla informed Jim the annual Legislator meeting for Public Health Board and then with the Behavioral Health Board will be on Dec 12, 2024

8. **Suicide Prevention month update**—Suicide prevention manager Holly Greystone educated the board on SPIN (Suicide Prevention Inland Northwest) and their activities and conferences that provide training opportunities for professional credits to maintain licensure. Holly also educated the board on the QPR (Question, Persuade, and Refer) approach to preventing suicide attempts. This method is being taught in schools, colleges, and other locations to educate people on how to have that uncomfortable discussion with someone in crisis. They will be working with Clarkston schools starting next week. Holly said there is no SPIN office headquarters, she lives in Pullman and leads our region on suicide prevention.
9. **Rural Crisis Center Network update**—Joyce Lyons was unable to attend the meeting. No update.
10. **Youth Crisis Center Committee discussion**—Board/Megan/Michelle/Joyce – Michelle reported she and Megan met in starting the planning for achieving the Youth Crisis Center. Introduction of Nate Conklin from the Fletcher Group, a non-profit group that can provide development and financial assistance for rural area projects such as the Youth Crisis Center. They support all 50 states. More discussion to come in the October 10th board meeting. Zoning for the building has been approved.
11. **Charlie Health, Behavioral Health Resource**—Amanda Davison was not in attendance at the meeting.
12. **Recovery Community Center Latah/Nez Perce/Lewis Counties**—Shaun/Astahna/Amber – Shaun reports this is Latah County Recovery Center’s 9th anniversary. They had about 100 people who attended their celebration festival and 110 Narcan were given out. The 2nd Oxford house is still in line to be ready by the end of this year. They have a Vandal Recovery position available, contact Shaun or Darrell to apply. Astahna’s report on First Step 4 Life—there were 296 people through the door and we will be starting parenting classes on Monday the 23rd Sharlene reported for Amber on the Kamiah Recovery Center-Kamiah center served 189 participants. We successfully helped 3 participants enter inpatient treatment. That brings our total to 25 since opening our doors in March. We have a Strengthening Families Facilitators training coming up with five open spots to fill for anyone who is interested. The training will be paid for by UYLC. Our fall Strengthening Family class has started. We held a Recovery Walk last weekend, and our Recovery Month Dinner is Friday, Sept 13th.
13. -
14. **BHB Subcommittee Members, Reports and Board Discussion**
 - CMH – No one from CMH in attendance.
 - ABH – No update.
 - Housing – Michelle reports the Tiny House project is planned for completion in late spring, 2025. This is a housing with training opportunity for youth 18-20. There will be 10 units available, and youth will learn life skills and how to run a household. United Gospel Mission reported they expect to break ground later this year.
 - Prevention/Recovery – No update.
15. **Public Input** –
16. **Next BHB Meeting** – October 10, 2024, Legislator mtg Dec 12, 2024 in person
17. **Meeting Adjourn**