# REGION II Behavioral Health Board

#### MONTHLY MEETING NOTES

June 13, 2024-- 1:30 PM

Lewiston State Offices 3<sup>rd</sup> Floor Conference Room 1118 F Street Lewiston, ID 83501 website

#### Webx Conference Link:

https://idhw.webex.com/idhw/j.php?MTID=m1312b85b3527d44f57b2c490c2398dfb

1. Roll Call, Welcome, and Introductions

X	Don Beck	X	Theresa Graber-Gimmeson		Tammy Lish-Watson		Jenny Teigen
	Sara Bennett	X	Shaun Hogan	х	Pam Lopardo		Laura Treat
X	Megan Comstock	X	Sharlene Johnson	х	Lisa Martin		Ex-Officio
X	<b>Beverly Fowler</b>		Beverly Kloepfer		Shawn McDowell	х	Astahna Adkins Holt
	Vince Frazier	X	Shari Kuther		Michelle Mendenhall		April Christenson
X	Amber Hoodman	X	Tom Lamar		Summer Overberg	х	Gus Hoene
X	Chris Goetz	X	Kally McFee	х	Jim Rehder	Х	Rep. Lori McCannx

**Guests**: Alexis Luper, Amanda Holcomb, Sally Bryan, Elaine Dufford, Shannon Jones, Karen Kopf, Kaylie Bednarczyk, Mary Wright, Kayla Salisbury, Stephanie Beidman, Sean Waldron, Wendy Norbom,

- 2. **Approval of April and May BHB Minutes** (Action Item): Motion to approve minutes by Tom Lamar, motion seconded by Don Beck. Motion unanimously approved.
- 3. **Financial report**—Sean/Sally: Sean shared there will be around \$15,000 for the board to use after July 1<sup>st</sup>. There still is work to be done to finalize everything.
- 4. Officer Election Don Beck (Nomination Chair) (Action Item): Nominees: Executive Committee (At-Large) position: Beverly Fowler, Shari Kuther Secretary: Sara Bennett, Vice Chair: Jenny Teigen, Chair: Jim Rehder Motion to approve these nominations: Chris Goetz, Second: Amber Hoodman, motion carried, officers elected. Jim stated he is looking for a successor as chair hopefully by the end of the year.
- 5. Ex-Officio appointment endorsement Board (Action Item): Gus Hoene was approved by the appointing authority. Endorsement motion-- Don Beck, second Pam Lopardo, motion carried. Gus introduced himself. He has been on the City Council. His family has experienced mental health issues. This is an extremely important issue to face in our community and home. He thanked the Board for their efforts so far.
- 6. **Budget approval** Board (Action Item): Motion to approve the budget-- Pam Lopardo, seconded by Tom Lamar, Discussion: Lisa asked if the items that were not paid out of FY24 funds could be paid from the FY25 funds. Motion carried. Sean Waldron shared that \$15,000 is a good guess on what funds will be available for next year.

7. Discussion on paying FY 24 projects not paid with FY25 funds -- Board.

Lisa wanted to ensure that the items that were not paid in FY24 could be approved with the FY25 budget. Jim shared the approved FY24 requests not pain—Upriver Youth Leadership Council-- \$2,876, Treatment Court attendees expense-- \$1,907, Regional MH Training \$3,000. The total would be about \$7,783 which would be 52% of our FY25 funding would go to pay for last year's activities. Sean shared that any expenditures would need to fit within the DHW purchasing rules. The previous requirements to pay for funds through the Public Health Department are different than the regulations under DHW to purchase. This means that there may be items that are not able to be paid for. Lisa Martin made motion to approve the payment of FY24 approved activities, Pam Lopardo second, Motion carried.

Jim shared the funds that were appropriated by the Public Health Department were absorbed by them when the contract was ended, and they were no longer available for the Behavioral Health Board to use. The Public Health Dept. has no contractual obligation to pay for anything on the Boards behalf because they withdrew from their contract. The money is not available until July 1, 2024, for use by the Boards. The guidelines should be available by the end of June, if not before.

- 8. Rural Crisis Center Network quarterly report update Joyce Lyons was unavailable.
- 9. **Needs and Gaps discussion/deadlines for report** Sara. Subcommittee chairs need to work on their priorities and get in touch with Sara on the information she needs. The process of working on the needs and gaps should continue even if we don't meet in July.
- 10. Recovery Community Center Latah/Nez Perce Counties Shaun/Astahna/Amber Shaun--The Recovery Center in Moscow Oxford home is moving forward for men's house which will begin taking in residence in the coming months. The women's Oxford house is still being negotiated and they have applied for grant to establish the women's house. There will be a Narcan box in the community soon which will move around to different locations--Region 2 has the best Narcan distribution in the state of Idaho.

Astahna--First Step for Life in Lewiston- reported there were 133 through the door thus far this month. Community resources were offered, 12-step meetings, There were many volunteers and Lots of activities.

Amber—Kamiah Recovery Center—reported there were 210 people through the door this past Month, 38 recovery coach sessions, 23 support meetings, Yoga twice a week.

### 11. BHB Subcommittee Members, Reports and Board Discussion

- CMH no report
- ABH no report
- Housing report was sent out by Jim to the Board
- . Prevention/Recovery PTSD webinar on June 21, overdose awareness month for August, harm reduction webinar in August, Recovery Friendly Workplace Initiative is being worked on statewide, Second Chance employer list in the region, Youth initiative by Nez Perce Tribe coming up on June 19 and 20.

#### 12. Public Input – no input

Jim asked the Board, If you see anything that needs updated on the new website please let Jim or Sally know. The new website—Welcome to Region II Behavioral Health Board (idaho.gov)

## 13. Next BHB Meeting -

Jim asked if there were any objections for skipping the July meeting as we did last year, No objections were heard. Next meeting will be August  $8,\,2024$ 

## 14. Meeting Adjourn