REGION II Behavioral Health Board

MONTHLY MEETING AGENDA

May 9, 2024-- 1:30 PM

Lewiston State Offices 3rd Floor Conference Room 1118 F Street Lewiston, ID 83501 website

Webx Conference Link:

https://idhw.webex.com/idhw/j.php?MTID=me0fc9a17a5f39b206af91fa9a890816b

1. Roll Call, Welcome, and Introductions

	Don Beck	X	Theresa Graber-Gimmeson		Tammy Lish-Watson	х	Jenny Teigen
X	Sara Bennett	X	Shaun Hogan		Pam Lopardo	X	Laura Treat
X	Megan Comstock	X	Sharlene Johnson		Lisa Martin		Ex-Officio
X	Beverly Fowler		Beverly Kloepfer		Shawn McDowell		Theresa Shackelford
	Vince Frazier		Shari Kuther	X	Michelle Mendenhall		April Christenson
	Amber Hoodman		Tom Lamar		Summer Overberg		Rep. Lori McCann
	Chris Goetz	X	Kally McFee	X	Jim Rehder	X	Astahna Adkins Holt

Guests: Sally Bryan, Sean Waldron, Michelle King, Alexis Luper, Kaylie Bednarczyk, Alejandra Del Toro, Christina Ward, Tammy Everson, Karen Kopf, Eden Kouski, Stephanie Biedman, Elaine Dufford, Mary Wright

- 2. Approval of April BHB Minutes (Action Item): No quorum to take action.
- 3. Financial report—Sean/Sally/Aimee: Aimee is no longer with the Department of Health and Welfare. Sally will be taking on that role. No update to the financial report available at this time. Jenny asked about the administrative costs associated with managing the financials of the board. Sean will be working on a cost analysis of the administrative costs across the various boards. Sharlene asked about the funds that have already been approved but we have not had access. Reviewed different options for funding those programs if we are not able to access those funds. Jim Explained the history of annual funding is \$50,000 per fiscal year. The BHB has about \$14,000 budgeted for Board activities and the remaining balance is for the operation cost of the Board including pay to the Admin/Fiscal Agent employees and expenses.
- 4. Reg 2 Mental Health Advocate Award presentation—Mary Wright/Alejandra Del Toro: Alejandra read a letter from Empower Idaho awarding Sharlene Johnson with the 2024 Advocate Award. Sharlene thanked the board for the recognition.
- 5. Board officer nominees—Don B: Jim reported there are two for the Executive board: Beverly Fowler and Shari Kuther who submitted their names for al-large Executive Board. Nobody has agreed to take on as the Chair at this point. Jenny has agreed to become the Vice-Chair and Sara will continue as the Secretary and Jim will continue as chair to find a successor. Voting will take place in June. Jim asked for the board to seek someone to lead the board who has dedication and energy to plan and organize Board meetings and work with BH interested parties.
- 6. Idaho BH Plan Governance Bureau introduction—Christina Ward: Christina Ward introduced herself to the board and reviewed her role. She introduced Alexis Luper and her role within the Bureau. Someone from the

board will be attending board meetings to offer support and partnership. Laura Treat is professionallyconnected with the BH Governance Bureau.

- 7. Budget preparation discussion for June approval—Board: The executive committee will develop the budget and present it to the board for approval in June. And hopefully Sean and the Deputy Attorney General will find a pathway for Health and Welfare to manage the budget and expend approved funds.
- 8. Legislative update—Tom/Chris/Jim: No update to provide. Jenny had one legislative issue she learned at the State Planning Council meeting and will share it with the Board when she gets the details.
- 9. Recovery Community Center Latah/Nez Perce Counties—Shaun/Astahna/Amber: Shaun reported Darrel is going to ICADD later this month to speak. They have a scholarship to train staff to work with family members. They continue to make progress with Narcan distribution. They are trying to get a newspaper box in Potlatch with Narcan. The men's oxford house should be ready for occupancy June 1st. They are pursuing the possibility for a woman's oxford house. Astahna reported they have added Yoga to the calendar and now have something happening almost every day. There will be many people going to the Recovery Coach training in Moscow next week. They are currently open 10-5 M-F. She reported support groups meet in the evening. Sharlene reported 225 people came into the center in Kamiah. They continue to expand the services being offered.
- 10. BHB Subcommittee Members, Reports and Board Discussion
 - -- CMH: No update
 - --ABH: No update
 - --Housing: No update
 - -- Prevention/Recovery: Continue to work on school protocols.

11. Public Input

Michelle King reported legislation regarding Age of Consent for treatment legislature is 18, starting July 1. Runaway law will allow children to go to a children's institution (including Boys and Girls clubs) in order to seek support. She also reported they are working on housing for 20 18–20-year-olds along with independent living skills development. The goal is to transition out of the Youth resource center into independent living.

Sean Waldron sent out a BHB talking points handout and discussed how to proceed that communication moving forward.

Laura Treat discussed how she can ensure sharing information that is important for board communications from Health and Welfare. She discussed the implementation of the new IBHP.

Mary Wright reported there are two events with NAMI, Yoga on May 15th and Spanish QPR May 29th.

- 12. Next BHB Meeting June 13, 2024
- 13. Meeting Adjourn